

# NOV @ OCCS

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## Upcoming: Open House!

In my last newsletter I mentioned the open house at the November 5th Thursday. Obviously that never happened. We decided to postpone until January for planning and advertisement purposes. The seniors and cadet staff will be working out the details of the open house and the different stations or “booths” if you will, which should include the following if not more:

- Aerospace Education
- Emergency Services
- Drill & Ceremonies/ Color Guard?
- Leadership/Cadet Activities/Cadet Life/ Promotions
- Encampment & RTW's

A Sign Up Genius will be sent out to cadets to pick and choose which station they would like to help with. Check back for more details soon!

## *Chilly November!!*

November has been cold and much darker than usual! \*Thanks a lot daylight savings\* I want to remind all cadets to wear warm clothing to meetings even if we're doing PT or drill inside; you never know what you might run into on your way to CAP or what we might surprise you with at the meetings. In the north, people typically prepare their cars with clothing, blankets, and food in case of break downs or storms. Always be prepared during winter months! Even if you just throw your ES pack in the back, it has above and beyond everything you'd need in an emergency—I highly recommend it!

## *Alpha Rockets*

Cadet Chief Master Sergeant Cassada prepared and conducted a large Model Rocketry class back in October. Cadets who wished to achieve their Model Rocketry Badge continued the training by going on eServices to take the tests following the training. At the November 29th meeting, Chief Cassada continued the training by preparing the Alpha Rockets and supervising the cadets building them. We did not have the time to launch this first round of rockets but they are prepared for December! Many thanks Chief Cassada, you are doing an amazing job and we great appreciate what you are doing for the squadron.



## ***The 5 Pillars of Wellness Continued***

In the month of September, cadets and seniors across the nation were tasked with a special Character Development night focusing on suicidal awareness and self care; over the course of 2018 5 cadets in Civil Air Patrol committed suicide. This in turn sparked National to mandate the 5 Pillars of Wellness night & down day. Having completed the first night, we moved onto the self safety/wellness down day (a down day means that most or all of a meeting is devoted to this one thing). Parents and family members were encouraged to attend the down day on November 15th and participate. Safety is number one in CAP, we want our cadets safe, seniors safe, events safe, we are here to keep the environment safe. Everyone is a safety officer. Click this link to read the full message set out by Major General Mark E. Smith: [National Commander Memo 5 Pillars Wellness and Resilience.](#)

## ***Upcoming Events:***

Fri, Nov 16 – Support Thanksgiving Luncheon at Orange County Senior Center, Hillsborough (11am-1pm)

Sun, Dec 2 – Hillsborough Holiday Parade (2pm-7pm)

Sat, Dec 15 – Wreaths Across America, Chapel Hill Memorial Cemetery (Noon-2pm)

2019

8-10Feb – NC Wing Conference, Greensboro, NC (40 miles west of Hillsborough)

1-3Mar – NC Wing Cadet Competition, Pope Army Airfield

8-10Mar – Airman/NCO School, Medoc Mountain State Park, Hollister, NC (80 miles east of Hillsborough)

Sat, Mar16 – NC-150 Glider Day (10 cadets receive 2 glider flights each), Louisburg, NC (50 miles east of Hillsborough)

???? NC Wing Drill and Ceremonies Academy, Seymour Johnson AFB

5-7Apr – Ranger Training Weekend (RTW), Raven Knob Boy Scout Camp, Mt Airy, NC

26-28Apr – Seymour Johnson Air Show, Goldsboro, NC

24-27May – Freedom Balloon Fest, Fuquay Varina, NC

June2019 – NC Wing Encampment, Stanly County Air National Guard Base, Albemarle, NC

