

OCT @ OCCS

Integrity | Excellence | Respect | Volunteer Services

Upcoming: 5th Thursday!!

5th Thursday's occur very rarely, maybe 3-4 times a year. Every 5th Thursday is celebrated at our squadron by wearing civi's (normal clothes), bringing food to share, and playing games. This upcoming 5th Thursday would've been skipped and replaced with the Thanksgiving Thursday meeting plan, but staff came up with a better idea. This 5th Thursday we will be conducting a mini meeting for prospective cadets. It will include: a uniform inspection, Emergency Services classes, team activities/sports, and a Thanksgiving party. All current cadets of OCCS are challenged to bring at least 2 friends to this meeting. If successful in bringing 2 friends, **you will be awarded a holidays gift card and Christmas goodies bag.** Let's make 5th Thursday a huge success!

Busy but quick October..

October was the fastest month by far! Our October 11th meeting was cancelled due to Hurricane Michael and perhaps having one less meeting this month made everything feel shorter.

On the 18th of October, a Model Rocketry class was conducted by Cadet Chief Master Sergeant Cassada. It was a three pronged class followed by three tests to be taken for each class at home. It is our wish to conduct a Model Rocketry Saturday in the November/December season in order to ensure members who wish to attain their Model Rocketry badge can do so. So excited for our cadets!

The rest of the month went on as planned; a bit of Physical Fitness, a bit of Aerospace Education, a bit of Emergency Services, and to top it all off, the month ended with the semi annual Ranger Training Weekend! We have yet to hear from the cadets and seniors of OCCS and their experiences this fall at the wilderness weekend. If you would like to read an article to learn more about the ES 3 day experience, please read [this article](#) written by NC Wing's very own Public Affairs Officer, Capt Lynne Albert.



The 5 Pillars of Wellness Continued

In the month of September, cadets and seniors across the nation were tasked with a special Character Development night focusing on suicidal awareness and self care; over the course of 2018 5 cadets in Civil Air Patrol committed suicide. This in turn sparked National to mandate the 5 Pillars of Wellness night & down day. Having completed the first night, we are moving onto the self safety/wellness down day (a down day means that the entire meeting is devoted to this one thing). Parents and family members are encouraged to attend the down day on November 15th and participate. Safety is number one in CAP, we want our cadets safe, seniors safe, events safe, we are here to keep the environment safe. Everyone is a safety officer. Click this link to read the full message set out by Major General Mark E. Smith: [National Commander Memo 5 Pillars Wellness and Resilience](#).